

## HOSPITAL AND TRAINING-SCHOOL ITEMS

### HOSPITALS

MR. O. C. BARBER has presented to the city of Akron, O., a beautifully equipped hospital building, costing two hundred thousand dollars. The hospital was dedicated on June 5 with elaborate and imposing ceremony, ten thousand people gathering on the grounds to attend the exercises. The committee which had in charge all the details of the dedicatory exercises consisted of three members from the board of trustees of the hospital and three from the auxiliary board. The three former were C. B. Raymond, A. H. Marks, and C. C. Goodrich; the three latter, L. C. Miles, C. C. Benner, and W. B. Baldwin. Hon George W. Crouse presided and made the opening remarks. Mr. Barber in his address spoke with great praise of Miss Lawson, the matron, for her part in planning the new hospital, as did other speakers. Mr. Barber stated that had it not been for her he probably would not have undertaken the work. He also referred to the growing importance of the work of the district nurses in the large cities, and expressed the opinion that such nurses were needed in Akron, but that in order to provide such service more nurses were needed, and stated that the old Emergency Hospital building was to be converted into a training-school. Among the guests were Mrs. J. Howard Edwards, of Youngstown, formerly Miss Sims, and Mrs. W. C. Jacobs, former matrons of the hospital. A unique feature of the exercises was a parade of over six hundred people in line, which preceded the dedication services. Companies of the State militia, Knights of Pythias, Knights of the Maccabees, and other organizations, with many distinguished citizens, marched through the principal streets of the city.

THE Lane Hospital, San Francisco, Cal., will shortly add a Finsen lamp to its "X-ray" equipment, which, under the able direction of Dr. Lehman, of Freiburg, Germany, will be used principally for the treatment of lupus and some forms of epithelioma, such as rodent ulcer, etc. The former disease (which is a tuberculous skin affection) is but rarely met with in cities on this continent, although quite common in European countries. The lamp, which has been ordered in Denmark, is of much greater candle-power than those used in London, England, and, having but one concentrator, can accommodate only one patient at a time, the length of treatment being about an hour. As the lens must be carefully focussed upon the same spot during the entire treatment, the care of two or three patients coming daily will be arduous enough work for one nurse, as a beginning. The lamp will be set up in a treatment-room in Cooper Medical College, adjoining the hospital.

### TRAINING-SCHOOL NOTES

ON Thursday, May 26, in Stickney Memorial Hall, were held the commencement exercises of the Training-School for Nurses of the Pasadena Hospital, California. The address of the evening was made by Dr. Norman Bridge, "The Trained Nurse and the Larger Life," and was a most able and stimulating production. The seven young women graduated were the Misses Florence K. Bacon,

Frances Murray, Elmira McCullom, Mary Morse, May Mendenhall, Mrs. Lilian Burlingame, and Mrs. Ida Lee. Pasadena Hospital is one of the possessions that this city is especially proud of. It had its beginning late in 1899, when a body of generously minded men and women formed the Pasadena Hospital Association, paying each an annual fee of five dollars for the privilege of working and giving to found a city hospital that would meet the rapidly increasing need. At first they took over the quarters previously used for a private hospital, but generous donors had so quickly responded to the call for a building fund that in January, 1902, the main building of the Pasadena Hospital, erected at a cost of twenty thousand dollars, was opened to the public. It is a tasteful structure, two story, concrete finish, and is situated in the southwest part of Pasadena on a rise of ground which commands a glorious view of the little city, the mountains, and San Gabriel Valley. The Helen Wilde Home for Nurses, the gift of the late Mr. J. D. Wilde as a memorial to his wife, was opened in February, 1903. Last month occurred the opening of the Clara Baker Burdette Maternity wing, erected at a cost of twelve thousand dollars, and the gift of Mrs. Robert J. Burdette. Last of considerable benefactions is the gift, by a former Chicagoan, of a medical and tubercular emergency pavilion, to be erected at once, and which, among other services, will provide accommodations for the pitiable cases of tuberculosis coming to this country, sick, alone, and strange, and against whom every door is shut by reason of the disease which makes their need of care so imperative. The Hospital Association is made up of about one hundred members, with a Governing Board made up of the laity. There is no resident medical staff, but the profession have from the first shown the keenest interest and appreciation, and have contributed directly, or indirectly through interesting wealthy clients, to the successful establishment and maintenance of this worthy institution. Mrs. Sabina Pemberton, St. Luke's, New York, Class of 1894, is the superintendent of the hospital and of the Training-School, Miss Harriet Ely is matron, and Miss Elizabeth McGaffery chief surgical nurse, both from Malden Hospital, Massachusetts; Miss Annie Mowatt, of Seattle General, will be the directress of nurses. The course for nurses has been increased from two to two and one-half years, and the two new pavilions will still further broaden the scope and increase the value of the training. The hospital has a present capacity of fifty beds.

COMMENCEMENT—JOHNS HOPKINS SCHOOL FOR NURSES.—The graduating exercises for the Class of 1904 of the Johns Hopkins Hospital Training-School for Nurses were held on Thursday, May 26, at half-past three o'clock in the afternoon in the large hall of the Physiology Building, which was handsomely decorated with palms and ferns.

The graduating class of twenty-five members marched from the rear of the hall to seats awaiting them on the left of the platform and were followed by the head nurses and officers of the school, who sat in the corresponding space on the right. The platform was occupied by the Board of Trustees, Father Manning, Miss Nutting, Dr. Osler, and Dr. Hurd. Father Manning gave the invocation, and this was followed by Miss Nutting's report, in which a brief summary was given of recent work in the school. The establishment of an entrance fee to assist in defraying the cost of preparatory instruction; the reconstruction of the method of awarding scholarships, introducing a single scholarship of four hundred and eighty dollars to be awarded at the end of the third year; alteration in methods of teaching certain subjects, notably materia

medica, whereby practical handling of drugs in the pharmacy is substituted for didactic teaching, and other minor changes were outlined. The extension of the usefulness of various hospital clinics by the establishment of visiting nurses to work in connection with them, which has been one of the features of the year, was referred to. Graduate nurses were appointed with the sole duty of visiting and instructing tuberculous patients in their homes, in connection with the tuberculosis clinic, and also with the orthopædic clinic, and the excellent results of the work in this direction, which was instituted as an experiment, indicate clearly what its elaboration may mean in the future.

At the close of this report Dr. Edward F. Devine, of the Charity Organization Society, New York, gave the address, choosing for his subject "The Trained Nurse in Philanthropy," presenting from the stand-point of a layman the field for nurses as it broadens out among charity and social workers. Dr. Devine believes that the nurse may bring to this field, by reason of her practical training and her more or less scientific attitude, an admirable equipment, and his views are refreshingly vigorous and definite both as to her possibilities and her limitations. His address is published in the June number of the *Johns Hopkins Alumnae Magazine*.

The graduating class of this year was favored beyond that of ordinary years in receiving a brief congratulatory address from Judge Harlan, the president of the Board of Trustees. Judge Harlan spoke with hearty commendation of their efforts, of the benefit which the years of hard work and discipline had been to them, and encouraged their continued efforts in maintaining the high standards of work and personal worth which the public had a right to expect from them.

Dr. Hurd then awarded the diplomas and announced the scholarships which had been awarded: four in the Senior Class, to Misses Clara Dudley, Elizabeth Richards, Katharine Christhilf, and Ruby Hamilton, and in the Intermediate Class to Misses Cora Baker, Ina Chambers, Alice Damman, and Mary Cook. Dr. Hurd closed the exercises by extending an invitation to all of those present to attend the reception which followed in the hospital grounds.

The grounds, which are unusually beautiful this year, were decorated with gay tents and marquees, from which refreshments were served to several hundred people. The incoming seniors entertained the graduates at a dance given that night in the Nurses' Home.

THE first class to complete the new three-year course of the Seattle General Hospital held its graduating exercises in the First Methodist Episcopal Church on Tuesday evening, June 14, at eight P.M. The class numbered nine, and consisted of the following: Misses Harriet Walton, Gertrude Pearl Hubbard, Louise Murray, Mollie Groven, Letitia Agnes Murphy, Meta Schaller, Isabel Kelling, Emily Marion Mowat, and Florence Ethel Burritt. The following programme was given: Piano solo, Miss Clara Wolter; invocation, Rev. Fletcher Wharton, D.D.; violin solo, Miss May Walker; address, Rev. M. A. Mathews, D.D.; address, Rev. E. M. Randall, D.D.; soprano solo, Mrs. G. A. Edmunds; address to graduates, Park Weed Willis, M.D.; presentation of candidates, T. S. Lippy; presentation of diplomas and medals, Rev. Fletcher Wharton, M.D. Preceding the exercises the intermediate class entertained the graduating class with a launch party on Lake Washington. The party chartered the launch Idylwild and crossed the lake to Bothell. In the woods camp was pitched, camp-fire built, and luncheon served.

The Seattle General Hospital, while one of the smaller institutions, with a

capacity for seventy-five patients, excels in its work many larger and better equipped institutions, both in quality and quantity. Particularly in surgery are most excellent results obtained. The institution accepts patients from all reputable physicians, yet there is a regularly appointed staff from among the foremost of the profession of the Northwest. This staff also acts as the Training-School Committee and consists of the following: Park Weed Willis, M.D., Frantz H. Coe, M.D., Lewis R. Dawson, M.D., Hiram H. Read, M.D., George B. McCulloch, M.D., Robert M. Stith, M.D., Ivar Janson, M.D., and Nevin D. Pontius, M.D. The superintendent of the hospital and Training-School is Miss Evelyn Hall, of the Methodist Episcopal Hospital, Brooklyn, N. Y. Miss Hall is ably assisted by Miss May Loomis and Miss Cora Gillispie, both graduates of the Illinois Training-School. The Training-School consists of thirty-three young women of superior intelligence and high ideals. A most excellent spirit pervades the school. They are determined that the nursing profession of the "Great Northwest" shall be looked upon with pride, and that the nurses of the Training-School of the Seattle General Hospital shall assist not a little in elevating it to its highest standard.

THE commencement exercises of the Metropolitan Hospital Training-School for Nurses were held in the new Solarium, Blackwell's Island, on May 28, Dr. Walter Sands Mills, chairman of the Committee of Nursing, presiding, with Hon. James H. Tully, Commissioner Department of Public Charities, as honorary chairman. The programme included the reading of the annual report by the superintendent, addresses by the Rev. Francis Barnum, chaplain of the Metropolitan Hospital, Dr. John H. Demarest, president of the Metropolitan Medical Board, and the Rev. William T. Crocker, rector of the Church of the Epiphany; administration of Hippocratic Oath and presentation of diplomas by Mrs. William Kinnicutt Draper, president of the Board of Managers; presentation of prizes by the Commissioner; benediction by the Rev. Thomas Gardiner Littell, D.D., followed by a reception at the Nurses' Home. The graduates were: Martha Rutledge, Laura Patterson, Mary Hogan, Luella Johnson, Emily Wilkinson, Lucie E. Moore, Katherine Agnes Dillon, Aldine May Robert, Lulu H. Uptegrove, Gertrude Mary Ross, Eleanor Virginia Briggs, Frances Winnifred DeLong, Sara Emlyn Winter, Leuenavia Nice, Emma May Harding, Julia Delafield Clock, Mary Radford Harold, Lucca Katharine Wagner, Lillie Alberta Weaver, Bessie Lee Gipson, Aileen Rowena Leonard, and Nellie Elizabeth Martin. The post-graduates were Lillian Elizabeth Henderson, Elizabeth A. Olwell, Virginia Fernlie Durfrey, Clara Moreland Evans, Lucy Bell Sadler, Anna B. Waters, Emily Wilkinson, Ella Johnson, Mary Hogan, Katharine Agnes Dillon, Lulu H. Uptegrove, and Eleanor Jackson. The nurses received their training in the Metropolitan Hospital and Tuberculosis Infirmary until May 17, when the following regulation was passed: "That after this date it shall be understood that the nursing in the Tuberculosis Infirmary is a privilege to be granted to pupil nurses for two weeks only, and it is in no way to be considered as a part of their regular training."

THE tenth class to graduate from the Training-School for Nurses of the Presbyterian Hospital of New York received their diplomas on the evening of May 12. The exercises were held in the dispensary of the hospital, and the programme was as follows: Prayer by Dr. Duffield, of the Old First Church; music by the Mendelssohn Quartette; address by Dr. Richard Cabot, of Boston. The presentation of diplomas and pins was made by Mr. Frederick Sturges, who

with a few telling remarks welcomed the graduating class into "The Order of Neighbors," which he established at the graduation of the first class, and of which their pins are an emblem. The benediction was pronounced by Dr. Charles P. Foquain. For his address Dr. Cabot advocated the advanced education of nurses, saying that he considered it impossible for nurses to be too thoroughly grounded in anatomy, bacteriology, and allied subjects, holding that the more thorough their education had been, the more interesting they would find their work and the better appreciate the importance of its detail. So high does knowledge stand in Dr. Cabot's esteem that he ranks the gaining of it foremost among the pleasures of a nurse's life, for, as he truly said, the nurse who craves gratitude as a reward for her services will be very frequently disappointed; neither will those whose highest ambition is the amassing of wealth be satisfied, as no nurse can keep both a large bank account and her own self-respect. But for those who seek knowledge, every new case means something gained, if not always from the professional standpoint, at least in a deeper insight into life and character. This, with the faithful friendship every true-hearted nurse is sure to make, and the satisfaction which ever comes in forgetting one's self for the good of others, he considers will be the highest compensations for the many hardships of a nurse's life. The exercises were followed by the usual reception and dance.

ON the evening of May 25 the Toledo Hospital Training-School graduated a class of fifteen nurses, the largest number since its incorporation. The exercises were held in the First Congregational Church and were largely attended by the general public as well as friends and relatives of the class. The address of the evening was given by J. Kent Hamilton. He spoke very enthusiastically of the good work done at the hospital. Diplomas were presented by Mrs. S. C. Schenck, president of the Board of Managers. The "Pin of Honor," given by Mrs. J. Gould for the highest grade of class and practical work, was awarded to Miss Iva Schwab. Miss Breese and Mrs. Mears received honorable mention. Following the exercises a reception was tendered the class in the church parlors by the Board of Managers, to which their friends were invited and a very enjoyable evening was spent. On the previous Saturday evening the Board of Managers entertained the Class of 1904 at a dinner at the Spitzer. The class consists of the following young women, who have completed a very successful course and are now ready to present themselves to the public, having been carefully prepared for the work expected of them as graduate nurses: Effie Lewis, Anna Drohen, Eina Wiesel, Jennie Newell, Daisy Elliott, Margaret Boll, Emma Stetzer, Iva Norwood, Iva Schwab, Susie Elliott, Estella Clarkson, Janet Keener, Bessie Nutter, Bertha Mears, and Minnie Breese.

THE first commencement exercises of the Memorial Hospital Training-School for Nurses was held in the amphitheatre of the Medical College of Virginia on May 31, at eight-thirty p.m. Never before in its history had the college, which is the oldest in the South, such a brilliant assemblage. The exercises were opened with prayer by the Rev. Givens Strickler, after which Dr. Christopher Tompkins, dean of the college, gave an address of welcome and presented the diplomas to the following young women: Mattye Bransford Ballou, Katherine Bernadine Schepers, Georgie Erwin Wilson, Augusta Belle Meyer, Laura Estaline Black, Virginia Colston Flippo, Mary Moore Lurty, and Sarah Brown Roller. The Rev. Dr. W. E. Evans delivered a most pleasing address, speaking of the great field there was for women in all vocations and professions, but none so peculiarly

fitting as in the nursing profession. Dr. George Ben Johnston delivered the badges in his usually happy style, cautioning the nurses to be true to their Alma Mater and showing them the responsibility of being the first class to receive their diplomas from the Memorial Hospital. After the benediction the nurses' friends were invited to the "Home," which had been most artistically decorated by Mosmiller. The intermediates assisted in receiving the guests, while the juniors, assisted by the superintendent, Miss Van Vort, served refreshments. Music was furnished by Iardella's orchestra.

THE graduating exercises of the Jewish Hospital School for Nurses, Cincinnati, O., were held on Tuesday, June 7, at seven-thirty P.M. in the chapel of the Jewish Home for the Aged and Infirm. The chapel was artistically decorated with roses and trailing vines. After the opening prayer by the Rev. David Philipson, D.D., the annual report of the school was read by the principal, Miss Mary Hamer Greenwood. Dr. O. W. Stark delivered the address to the class, and Mr. D. J. Workum, president of the board, presented the diplomas and badges. The benediction was pronounced by the Rev. Louis Grossman, D.D. A reception was held immediately after the exercises, and refreshments were served on the grounds, which were everywhere softly illuminated with Chinese lanterns. The names of the graduating class were: Alice Mary Arndt, Toronto, Canada; Helen Louise Cist, Cincinnati, O.; Elizabeth Adelaide Laus, Cincinnati, O.; Constance Clarke McMechan, Port Perry, Canada; Henrietta Adele Suarez, Cleveland, O., and Grace Helen Scott, Leamington, Canada.

THE graduating exercises of the nurses' training-class of the Woman's Christian Association Hospital of Jamestown, N. Y., held on June 2, were of an exceptionally interesting character. The class was composed of Mrs. M. B. Williams, Misses Elizabeth Sharpe, Lillian E. Baskin, Ida R. Shuttleworth, Wilhelmina B. Carruthers, Florence E. Gunn, and Elice T. McCartney.

The superintendent, Miss Christine Hall, in her report referred to the courage of her nurses as follows:

"Two years ago, when the hospital was quarantine, not a nurse showed the slightest desire to shirk her full share of duty, and when one of their own number was stricken there was not a question of who was willing to care for her, but the question did arise as to who would have the opportunity—all were willing and ready. Miss Luce, our able and efficient assistant, was the one chosen in this emergency, and her answer was clear and true."

THE annual commencement exercises of the Methodist Episcopal Hospital Training-School for Nurses of Brooklyn, N. Y., was held at Grace Methodist Episcopal Church June 2. Interesting addresses were given by Dr. Frank Van Fleet and Rev. Dr. Lindsay Parker. Mrs. Adaline K. Muchmore, a member of the Class of 1893, read a paper concerning the endowment by the Training-School Alumnæ of a room for sick nurses. The members of the graduating class were the Misses Jessie M. Herbert, Eugenia L. Fancher, Mildred Isabel McFarlane, Mary Jane Stutt, Louise Helen Heitman, Mary Evans Owen, Nellie R. Hamill, Anna Grace Scott, Edith Louise Burns, and Julia Charlotte Sandberg. Following the exercises a reception was tendered the nurses and their friends by the Alumnæ Association.

THE graduating exercises of the Training-School of the Jewish Hospital of Philadelphia were held on Monday, May 30, at four P.M., in a tent on the hospital grounds. Addresses were made by Dr. J. Schamberg, a member of

the staff; Mr. Joseph Greenwald, chairman of the Training-School Committee, and the yearly report of the school was read by the chief nurse, Miss Louer. The diplomas and medal were awarded by the president of the association, Mr. William B. Hackenburg. The graduating class consists of the following nurses: Miss Sarah D. Poindexter, Miss Bessie Goldberg, and Miss Carrie Pollock. An informal reception was held after the exercises in the Nurses' Home, which was largely attended by the nurses' friends and older graduates of the school.

THE eleventh commencement of the Nurses' Training-School of the Western Pennsylvania Hospital was held at the hospital on June 3. Judge Joseph Buffington presented the diplomas, Dr. P. J. Eaton presented the badges, and Miss Kate Cassatt McKnight addressed the graduating class. Rev. R. W. Grange, rector of the Church of the Ascension, conducted the devotional exercises. The class consisted of the following seventeen young ladies: Sarah M. Wilson, Caroline Onslaer, Ethel A. Jickling, Bertha Anchors, Clara Maud Ruffner, Stella K. Oberhelman, Angeline McCray, Jane McClelland, Jean B. Crosser, Anna M. Shomberg, Nora Mildred Seides, Marie Fitzimons, Elna F. Smitten, Jessie Purdy, Myrtle Stutchell, Vivian O. Wheelock, and Evalyn Anderson.

THE fifth annual graduating exercises of Kings County Hospital Training-School, Brooklyn, N. Y., were held in the chapel on June 16. The exercises were of the usual interesting character and the following young ladies received diplomas: Fannie Louise Allen, Margaret Brennan, Anna Gertrude Doherty, Minnie Florence Finck, Margaret Grace Johnston, Maude Nash, Cecilia O'Brien, Sarah Marena Ripley, Lucy Denison Treadway, Harriet Mary Wakefield Warner, Mary Vianna Andrews, Mary Philemena Cavanaugh, Emma Helena Detlefsen, Margaret Irene Garvey, Irma Bertha Korn, Mary Elouise O'Connor, Marion Peacock, Nora Slattery, and Minnie Thompson.

THE graduating exercises of the Connecticut Training-School for Nurses of the New Haven Hospital were held on Wednesday, June 1, at eight o'clock P.M., in Gifford Chapel. Rev. Charles Ray Palmer and Leonard C. Sanford, M.D., addressed the members of the class. The following young ladies received diplomas: Janet MacLauren, Louise Stevenson, H. Bernice Ballentine, Eloise H. Bunnell, Jessie E. Hollister, Amy M. Ritter, Kate F. Fuller, Anna E. C. Karl, Ida M. Schmidt, Annie E. Kinnere, Lilla N. White, and Catharine A. Campbell. The exercises were followed by a reception from nine to eleven at the nurses' dormitory.

SWITZERLAND is to be the first country where young girls are to serve a term in the service of the State, as young men of other countries are compelled to serve in the army. The Swiss Government is seriously thinking of adopting a plan advocated by a female physician of Zurich, that all unmarried girls be compelled by the State to work one year in hospitals without any remuneration. She claims that not only would the hospitals be benefited, but that the girls themselves would get a training which would be of great value to them in after life.

THE thirteenth semi-annual graduating exercises of St. Mark's Hospital, New York, were held April 30. Dr. C. A. Van Ramdohr presided. The speakers were Dr. Carl Beck, Dr. J. Morvay-Rottenberg. Diplomas, badges of the hospital, and one hundred dollars were presented to each of the following graduates: Mildred Pullen, Mary Hackett, Kate Wishart, Rose Oliney, and Amada

Ritter. An informal reception was held after the exercises, which was largely attended by the friends of the nurses and older graduates of the school.

THE Long Island State Hospital held graduating exercises in the Amusement Hall June 23, at King's Park, N. Y. There was a demonstration by the class at two p.m. The graduates were Ellen Laura Bayley, Glenn Eyrie Ryther, Elizabeth Crilley Rich, Inez Zana Smith, Sara Anne Dougherty, Kathleen Marguerite Reddy, Margaret Anne Rickey, Mary E. M. Smith, Richard Henry Bellford, and Alger Bruce Markwick.

AT the graduating exercises of the Children's Hospital in Boston the announcement was made that in the future the preliminary instruction of the nurses would be undertaken for a period of four months by Simmons College. This represents an advance over the present system as it at present exists and will be of interest to all persons interested in trained nursing.

THE Passaic General Hospital graduated the following nurses on June 14: Eleanor Maria O'Neill, Jennie Van Blarcom, Margaret Lock Cochran, and Nellie Kirk. The graduating exercises were held at the hospital building, followed by a small reception at the Nurses' Home.

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#### PERSONAL

MISS M. EUGENIE HIBBARD has been appointed head of the corps of nurses stationed by the United States government along the line of the Panama Canal and sailed June 21 from New York. Miss Hibbard was formerly superintendent of the Grace Hospital Training-School for Nurses, Detroit. She was in charge of the nurses at the Jacksonville camp during the Spanish-American War and was transferred thence to Washington. During the Boer War she was at the head of the American nurses who went on the Maine to South Africa. She was later at the head of a government training-school for nurses which she established in Cuba and remained there until the United States withdrew from the island. Miss Hibbard took two nurses with her—more to follow if needed. Those wishing to engage in this work should apply to Colonel W. C. Gorgas, Chief Surgeon Isthmian Canal Commission, Panama, Panama Republic.

DURING the absence of the superintendent of Bellevue and the allied hospitals of Gouverneur, Harlem, and Fordham in New York City for an indefinite vacation because of ill-health, Miss Jane A. Delano, superintendent of the Training-Schools, was left in charge of both departments, the hospitals and nursing. This is the first time that Bellevue has ever been even temporarily in charge of a woman.

MISS MARGARET SUTHERLAND, of the Class of 1899, Toronto General Hospital, has resigned the position of night superintendent, which she has held for the last two years, and has been succeeded by Miss Bessie Dickens, of the Class of 1904. Miss Sutherland was given a reception before leaving the hospital and was presented with an address and a handsome pearl ring.

MISS E. B. BARWICK, registrar of the Johns Hopkins Nurses' Club, upon leaving for a three-months' vacation was presented with a purse of one hundred and sixty dollars by the nurses who are or have at some time been members of the Johns Hopkins Registry in grateful appreciation of her untiring energy.

MISS GRACE B. ELLIS, a graduate of the Faxton Hospital, Utica, N. Y., has been appointed superintendent of the Cooley Dickinson Hospital at Northampton, Mass. Miss Harriet Davenport, of Waterville, also a graduate of the Faxton Hospital, has accepted the position as assistant to Miss Ellis.

MISS MARGUERITE CLANCY, of the Class of 1904 of Lebanon Hospital Training-School, has accepted a position as nurse in charge of operating-room at the Woman's and Children's Hospital, Syracuse, N. Y., where Miss Mary E. MacDonald, of Bellevue Training-School, is superintendent.

MISS ADELAIDE BROOKS, City Hospital graduate, Rochester, N. Y., will assume charge of the nursing at the new hospital at Canandaigua, N. Y. Graduates are to be employed until the development of the hospital justifies the organization of a training-school.

MISS HELEN SCOTT HAY, Illinois Training-School, who for a number of years was in charge of the nursing at the great County Hospital for the Insane at Dunning, Ill., is now making her home in Pasadena, Cal., where there are a number of Illinois nurses.

MISS E. A. PARKER has resigned as assistant superintendent of the Homoeopathic Hospital, Rochester, and is succeeded by Miss Helen Balcum, a member of the last class to graduate from the Course in Hospital Economics, Teachers College, New York.

MISS SHIELS has resigned as superintendent of nurses of the Methodist Hospital, Philadelphia, Pa., and sailed for Europe July 2. On her return she will hold the position of chief nurse at the Deaf and Dumb Asylum at Mount Airy, Philadelphia.

MISS LILY J. PATTE, a graduate of S. R. Smith Infirmary, Staten Island, N. Y., Class of 1901, has resigned her position as superintendent of the Barlow Sanatorium, Los Angeles, Cal. Miss Caroline Bentley, of the same class, succeeds her.

THE Log Cabin Settlement in the Kentucky Mountains is in great need of a resident nurse imbued with the true settlement idea. A salary of forty dollars per month is offered; the cost of living two dollars and fifty cents per week.

MISS M. G. FAY has resigned as superintendent of the John Sealy Hospital, Galveston, Tex., and has been succeeded by Miss M. M. Taylor. Miss Fay resigned to accept the position as superintendent of the Germantown Hospital, Pa.

MISS M. E. RORICK, graduate of the New York Hospital, of the Class of 1882, is again in charge as matron of the Belknap Summer Home for Children at Far Rockaway, with Miss Frederick, of the same school, as assistant matron.

MISS ELIZABETH ROBINSON SCOVIL has resigned her position as superintendent of the infirmary at St. Paul's School, Concord, N. H., and returns to her home in Canada. Her address is Gagetown, New Brunswick.

MISS VERA SCARLET, of the Class of 1903, Toronto General Hospital School for Nurses, has been appointed night superintendent of the General Hospital, Brandon, N. W. T. Her duties commenced June 1.

MISS ALICE I. TWITCHELL, for many years the superintendent of Smith Infirmary, L. I., has accepted the position of supervisor at Sanford Hall, L. I., a large private hospital for nervous diseases.

MISS MILDRED GREY, of the Class of 1904, Toronto General Hospital, has been appointed head nurse at the Home for Incurables, Toronto, in place of Miss Albion, resigned.

MRS. L. W. THURMAN, principal of the Training-School of the City Hospital, Cleveland, is spending July and August with a sister at the Hotel Spaulding, Duluth, Minn.

MISS ELIZABETH MILSPAUGH resigned as principal of the Training-School of the Nichols Hospital, Battle Creek, Mich., on June 1, and is now in Evanston, Ill.

MISS M. E. P. DAVIS, for three years and a half superintendent of the Training-School and matron of the Boston Insane Hospital, has resigned, to take effect July 17.

MISS ANNIE L. FLETCHER, Massachusetts General Hospital, sailed for Germany in May, to remain four months in that country and England.

MISS ROBINA STEWART, of the Class of 1904, has been appointed operating-room nurse of the Toronto General Hospital.

MISS CARRIE ROSS, of the Class of 1900, is ill with typhoid fever in the General Hospital, Toronto.



THE TREATMENT OF OBESITY.—P. Grocco gives in the *Rivista Critica di Clinica Medica* the following rules for the treatment of obesity: He considers obesity to be the result of an excess of ingesta or of a derangement of the metabolism of the body. The clinician must first ascertain the cause of the accumulation of fat, then regulate the income and outgo so that they are equalized, and combat the morbid effects of the condition. As a general rule, the liquids taken at meals should be reduced, and liquids taken two hours after the meal. Some cases, however, do not get along well with this reduction of fluids, but gastric, intestinal, and renal symptoms ensue. In cases in which the urine is habitually concentrated and has deposits of urates or uric acid, a dry diet is not well borne. In such cases it is best to allow frequent small meals, four or five in the twenty-four hours, with liquids taken two hours after each meal. The diet is reduced until the weight of the patient falls to the desired figure, and then kept at the requisite amount to maintain a normal weight and prevent a renewed increase. There should be a great increase in muscular activity by walking, riding, cycling, sports, or gymnastics. General and local massage, when the abdomen is enlarged, is very useful. Hydrotherapeutic measures, cold and heat, are important, as well as carbonic acid gas baths. Patients should sleep very moderately, and should not do excessive mental work. Inhalations of oxygen may be used with advantage. The author does not advocate the use of purgatives, alkalies, or other drugs in reducing weight, except as the conditions of health would naturally demand them, as in case of the need of laxatives, iron in anæmic and alkalies in gouty cases.